

WEEK 1

WEEK COMMENCING

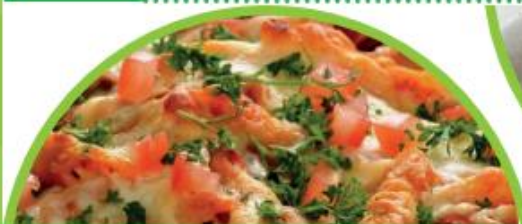
15 April, 6 May, 27 May, 17 June, 8 July,
29 July, 19 Aug, 9 Sept, 30 Sept

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Cheesy tomato pasta Gluten Mustard Soya Milk	Nottinghamshire sausage & gravy Gluten Sulphur Dioxide	Chicken & coconut curry Milk	Roast Gammon & Pineapple	MSC fish finger wrap Gluten Fish
SIDES	Garlic bread Gluten Soya Milk & vegetable sticks	Yorkshire pudding Milk Egg Gluten diced potato carrots & broccoli	Tilda mixed rice pepper & cucumber sticks	Roast potatoes, carrots batons & broccoli	Oven chips garden peas or baked beans
PUDDING	Strawberry mousse Milk	Marble muffin Gluten Egg	Chocolate orange cookie Gluten	Ice-cream tub Milk	Butterscotch tart Gluten Milk



Nottinghamshire
County Council

WEEK 2

WEEK COMMENCING

22 April, 13 May, 3 June, 24 June, 15 July,
5 Aug, 26 Aug, 16 Sept, 7 Oct

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Margherita pizza <i>Gluten Soya Milk</i>	Hunters chicken <i>Milk Soya Celery Gluten</i>	Pasta Neapolitan <i>Gluten Soya Milk Mustard</i>	Nottinghamshire sausage <i>Gluten Sulphur Dioxide</i> & gravy	MSC Youngs fish fingers <i>Gluten Fish</i>
SIDES	Herby diced potatoes sweetcorn & cucumber	Potato balls broccoli & baton carrots	Garlic bread <i>Gluten Soya Milk</i> & crunchy vegetables	Mashed potatoes Yorkshire pudding <i>Milk Egg Gluten</i> fresh cabbage & carrots	Oven chips, garden peas or baked beans
PUDDING	Chocolate & orange muffin <i>Gluten Egg</i>	Shortbread cookie <i>Gluten</i>	Honey cake <i>Milk Egg Gluten</i> & custard <i>Milk</i>	Jelly & shortbread finger <i>Gluten</i>	Apple flapjack <i>Gluten</i>



Nottinghamshire
County Council

WEEK 3

WEEK COMMENCING

29 April, 20 May, 10 June, 1 July, 22 July
12 Aug, 2 Sept, 23 Sept, 14 Oct

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Quorn dippers wrap Gluten	Spaghetti Bolognese Soya Fish Gluten Mustard	Pork burger in a bun Soya Milk, Egg, Gluten Sesame Sulphur dioxide	Roast chicken, stuffing Gluten & gravy	MSC battered fish Fish Gluten
SIDES	Pommes noisettes baked beans	Crusty bread Gluten Sesame & sweetcorn	Jacket wedges cucumber & pepper sticks	Mashed potatoes Yorkshire pudding Milk Egg Gluten fresh broccoli & carrots	Oven chips garden peas or baked beans
PUDDING	Noah's apple sponge Egg Gluten with custard Milk <small>Recipe from a pupil at Mapperley Plains primary school</small>	Chocolate brownie Gluten	Strawberry ice cream tub Milk	Shortbread cookie Gluten	Chocolate crispy Gluten with strawberry milkshake Milk



Nottinghamshire
County Council