

PSHE

Family and Friendships

| Session | | Key knowledge | Me | Teacher |
|---------|---|---|----|---------|
| 1 | Inclusion | I know that inclusion is a right . I know that discrimination needs to be challenged. I know that there are strategies to respond to, or challenge, negative behaviours such as stereotyping and aggression. | | |
| 2 | Peer Pressure | I know that there are different types of relationship and know what to do if these relationships are unhealthy. I know that the pressure placed on me by peers can influence me to do the wrong thing and I know ways to challenge this. | | |
| 3 | Peer Pressure— watching films | I know that there are different types of relationship and I know what to do if these relationships are unhealthy. I know that the pressure placed on me by peers can influence me to do the wrong thing and I know ways to challenge this. | | |
| 4 | Resolving and Reconciling relationships | I know that friendships can experience challenges and can talk about ways to resolve conflicts. I know that it is important to know when and how to ask for help from others. | | |
| 5 | New and old friendships | I know that friendships can experience challenges and can talk about ways to resolve conflicts. Children know that there are differences between positive and negative relationships. I know that it is important to know when and how to ask for help from others. | | |
| 6 | Recognising unhealthy relationships | I know that there are different types of relationship and I know what to do if these relationships are unhealthy. Children know that there are differences between positive and negative relationships. I know that it is important to know when and how to ask for help from others. | | |